





### **rice recipes pdf**

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Lemon Smoothie 6 ounces lemon yogurt (made with whole milk) 1 cup whole milk 1 medium ripe banana 1 teaspoon vanilla extract  
Contains about 415 calories and 16 grams of protein

### **High-calorie, High-protein Recipes - fvfiles.com**

Neuro Fuzzy® Rice Cooker & Warmer NS-ZCC10/18. The Neuro Fuzzy® Rice Cooker & Warmer features advanced Neuro Fuzzy® logic technology, which allows the rice cooker to 'think' for itself and make fine adjustments to temperature and heating time to cook perfect rice every time.

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Chex is a brand of breakfast cereal currently manufactured by General Mills. It was introduced in 1937 and was originally produced and owned by Ralston Purina of St. Louis, Missouri. The name "Chex" reflects the "checkerboard square" logo of Ralston Purina.[citation needed] The Chex product line was part of the Ralston portion of Ralston Purina, which was spun into Ralcorp in 1994.

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